



Making the Most of Your Birth Recovery Leave & Parental Leave Benefits

A Guide for Parents Who Are Giving Birth



JOHNS HOPKINS
UNIVERSITY

Fast Facts About Birth Recovery Leave

- Offers full pay for a minimum of six weeks following the birth of a child
- [FLSA](#) • [FMLA](#) • [UI](#) • [?](#)
- [FMLA](#) • [?](#)

Fast Facts About Parental Leave

- Offers full pay for four weeks
- Can be taken in a block of time or intermittently within the 12 months following birth
- Scheduled in full days only

Using Family Medical Leave (FML) with Birth Recovery Leave and Parental Leave

- FML provides you with job protection while you are not at work
- Available for up to 12 weeks on a rolling twelve-month period
- Contact your supervisor or manager to request Family Medical Leave.



***To File a Short-Term Disability Claim or
request JHU Leave:***

The Lincoln Financial Group

1-888-246-4483

Monday – Friday, 8 a.m. to 11 p.m. (ET)

Johns Hopkins University Company code: JHUEE

***For more Information on Birth Recovery and
Parental Leave:***

JHU Central Human Resources

443-997-2157

Monday – Friday, 8:30 a.m. to 5 p.m. (ET)

Email: Birth-ParentalLeave@jhu.edu



JOHNS HOPKINS
UNIVERSITY