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*fitness your way*  
by Tivity Health<sup>®</sup>

# Join now and we'll cover your enrollment fee<sup>1</sup>

Access online classes and thousands of gyms<sup>2</sup>



**Fitness Your Way<sup>®</sup> gives you access to thousands of participating gyms nationwide and in your area with just one membership<sup>2</sup>.  
Find out which gyms are open near you!**

Sign up for Fitness Your Way, your fitness discount program brought to you by your health plan

Use **multiple gyms<sup>2</sup>** and get access to **virtual classes** for \$29 a month<sup>3</sup>, and save \$29 when you pay no enrollment fee through December 31<sup>1</sup>.

**Thousands of gyms. One membership.  
Enjoy access to:**

- Gyms where you live, work and travel nationwide<sup>2</sup>
- On-Demand workout videos, available 24/7
- Discounts on healthy living products and services from thousands of well-being specialists<sup>4</sup>



**This offer expires December 31, 2021.**

**Join Fitness Your Way  
now and save \$29.<sup>1</sup>**

Go to: [www.blue365deals.com/fyw](http://www.blue365deals.com/fyw) to enroll. Enter the promo code **FALALA21** to receive this limited time offer<sup>1</sup>.

1. Offer valid until December 31, 2021. Offer available to residents of United States who are at least 18 years old who have benefits with a participating health plan. Purchaser must provide the FALALA21 promo code at sign-up to receive waiver of the \$29.00 enrollment fee. Additional terms, conditions and limitations apply. See Fitness Your Way programs terms for details.
2. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Fitness Your Way membership entitles member to use of the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.
3. Fitness Your Way membership fee is \$29.00 per month plus applicable sales tax.
4. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services subject to terms and conditions of such third-party provider. Check with the provider for details.

IMPORTANT DISCLOSURES: AS PART OF THE FITNESS YOUR WAY BY TIVITY HEALTH PROGRAM (THE "FYW PROGRAM"), MEMBERS ARE PROVIDED WITH ACCESS TO A NETWORK OF PARTICIPATING THIRD PARTY PROVIDERS WHO OFFER DISCOUNTED COMPLEMENTARY AND ALTERNATIVE MEDICINE SERVICES INCLUDING, BUT NOT LIMITED TO, CHIROPRACTIC, ACUPUNCTURE, MASSAGE/BODY WORK SERVICES ("CAM SERVICES"). THE CAM SERVICES COMPONENT OF THE FYW PROGRAM IS PROVIDED BY WHOLEHEALTH NETWORKS, INC., A WHOLLY-OWNED SUBSIDIARY OF TIVITY HEALTH SERVICES, LLC ("WHN"), WITH A MAILING ADDRESS OF: ATTN: WHOLE HEALTH LIVING, 1445 S. SPECTRUM BLVD, CHANDLER, ARIZONA 85286. THE FYW PROGRAM IS NOT INSURANCE. THE FYW PROGRAM MEMBERSHIP FEE IS \$29.00 PER MONTH PLUS APPLICABLE SALES TAXES. DISCOUNTS VARY PER CAM SERVICE PROVIDER. THE FYW PROGRAM MEMBER MUST PAY FOR DISCOUNTED CAM SERVICES, BUT WILL RECEIVE A DISCOUNT FROM THE PARTICIPATING CAM SERVICE PROVIDERS. WHN DOES NOT MAKE PAYMENTS DIRECTLY TO THE THIRD-PARTY CAM SERVICES PROVIDERS. FOR ADDITIONAL INFORMATION INCLUDING A LIST OF PARTICIPATING CAM SERVICE PROVIDERS, CALL TOLL-FREE AT 888-242-2060, OR VISIT THE FYW PROGRAM WEBSITE AT **<https://FITNESSYOURWAY.TIVITYHEALTH.COM>**. HEALTH CARE AND HEALTH CARE RELATED PROVIDERS IN THE WHN CAM SERVICES NETWORK ARE NOT CURRENTLY AVAILABLE TO RESIDENTS OF CALIFORNIA, CONNECTICUT, DELAWARE, INDIANA, LOUISIANA, MONTANA, NEBRASKA, NEW HAMPSHIRE, NEVADA, OKLAHOMA, OREGON, RHODE ISLAND, SOUTH CAROLINA, SOUTH DAKOTA, UTAH, WASHINGTON OR WEST VIRGINIA. PLEASE VISIT **[www.whlchoices.com](http://www.whlchoices.com)** FOR A COMPLETE LIST OF AVAILABLE CAM SERVICE PROVIDERS AVAILABLE IN MEMBER'S STATE OF RESIDENCE.

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