



Teens Still Need You: Expert Advice to Help and Support Them

Webinar • July 11, 2023 • Noon ET/9:00am PT

She's back! The ever-popular Dr. Jennifer Hartstein returns to talk about our how our teens are doing and answer your questions about how you can best support them.

Recent research has shown that teens are struggling with mental health at higher rates than ever before. From the impact of social media to concerns about gun violence and climate change, teens are simply overwhelmed. With back-to-school and college just weeks away, the timing couldn't be better for this session and Dr. Jen's expert advice. This webinar will be almost entirely Q&A so please post your questions in the registration link. And if you can't make it live, register to receive a recording of the webinar and resources.

[Register for Free](#)



About Our Presenter

Dr. Jennifer Hartstein

PsyD

Jennifer L. Hartstein, PsyD, is a nationally known child, adolescent and family psychologist. She has spoken widely on the topic at conferences, in schools and in the media, on national TV programs and in print.