

EMPLOYEE ASSISTANCE PROGRAMME



Aetna Resources For LivingSM

This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, physical, financial and social needs.

THE SERVICES ARE:

- Free, at no cost to you
- Confidential
- Available in multiple languages
- Available 24 hours a day, 7 days a week, 365 days a year
- Accessible in multiple ways



UKRAINIAN ANSWER:

Freephone: **0 800 50 0319**

Direct Dial Within Ukraine:
+380 89 324 0489

Direct Dial Outside Ukraine:
+44 208 987 6386

ENGLISH ANSWER:

Freephone: **0 800 50 1027**

Direct Dial: **+351 214 542 186**



Email us at:

support@resourcesforyourlife.com



WhatsApp:

+1 984 268 2030