Aetna Resources For Living℠

This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, physical, financial and social needs.

THE SERVICES ARE:

• Free, at no cost to you
• Confidential
• Available in multiple languages
• Available 24 hours a day, 7 days a week, 365 days a year
• Accessible in multiple ways

UKRAINIAN ANSWER:
Freephone: 0 800 50 0319
Direct Dial Within Ukraine:
+380 89 324 0489
Direct Dial Outside Ukraine:
+44 208 987 6386

ENGLISH ANSWER:
Freephone: 0 800 50 1027
Direct Dial: +351 214 542 186

Email us at:
support@resourcesforyourlife.com

WhatsApp:
+1 984 268 2030