Expressing Milk During COVID-19

- Wash your hands with soap and warm water for 20 seconds before and after each pumping session.
- Wipe down all surfaces before and after each pumping session.
- Ensure hospital-grade pumps are properly wiped down before and after each use.
- Do not use any parts other than your own.
- Follow protocol for cleaning accessory kits and parts.
- Properly label and store expressed milk.