

Pre-Retirement Program 2024: Spring Schedule of Live Webinars

A Balanced Retirement Life – Monday April 22nd, noon to 1pm

Whether you are months or years away from retirement this session is for you. The goal of this seminar is to help participants ask the right questions to make decisions in evaluating their retirement plans. We will cover the key issues to consider in planning for your future, and help you develop your current road map. Participants will leave with resources to decide when retirement may be right for them, and to focus on the positive aspects of retirement while preparing for the challenges. This session will not be recorded. [Register here in advance.](#)

Determining Your Goals, Needs, and Investing Preferences for Mid-Career Retirement Strategies – Tuesday, April 23rd, noon to 1 p.m.

Retirement may seem a long way off, but strategies you engage in now can impact your retirement picture and maximize your savings. Join our Marsh McLennan Agency (MMA) financial advisors for this webinar to explore all the retirement vehicles available to you now and begin your retirement savings checklist! Learn the fundamentals of a strong retirement savings plan. [Register here in advance.](#)

Live With Confidence in Retirement: 5 Steps to Creating Your Retirement Income Plan – Wednesday April 24, noon to 1pm

If you're thinking about making the transition to retirement, this webinar is essential for understanding how to create an income plan that helps you maximize your savings. In five steps you'll learn how different sources of income work, how to build your strategy for lifetime income, and what to consider when planning withdrawals from your retirement assets. TIAA will host this webinar on their website. [Register here in advance.](#)

Basic Estate Planning Strategies – Thursday, April 25, noon to 1pm

Ensuring that our assets will pass to loved ones and causes that are near and dear are important to most of us. Discover the components of a basic estate plan and strategies to ensure that your wishes are met. TIAA will host this webinar on their website. [Register here in advance.](#)

Envisioning Retirement – A Guided Visual Journaling Exercise – Friday April 26th noon to 1pm

Take a mindful moment to visualize what your days in retirement may look like. Join Rachel Liccardo, LCSW-C as she leads the group through a guided visual-journaling activity. This exercise will help you learn ways to reduce stress around approaching retirement and to help you open up about your emotions or challenges. You will need a piece of paper and something to write with. If you enjoy arts and crafts, feel free to use supplies to make a colorful visual. Artistic ability is not a requirement of this session. This workshop is only available to Johns Hopkins affiliates, not guests. Space is limited. This session will not be recorded. [Register in advance here.](#)

JHU Benefits in Retirement – Monday, April 29th, noon to 1:00 p.m.

Join the Office of Benefits & Worklife for an overview of all of the benefits university retirees are entitled to. This includes medical and dental coverage, life insurance, tuition benefits, pension and/or 403b plan, vacation/sick time, and more. Q&A to follow. Join the Office of Benefits & Worklife for an overview of all of the benefits university retirees are entitled to. This includes medical and dental coverage, life insurance, tuition benefits, pension and/or 403b plan, vacation/sick time, and more. Q&A to follow. [Register here in advance.](#)

Mercer Marketplace 365+ Retiree – Tuesday, April 30th, noon to 1 p.m.

Join consultants from Mercer Marketplace 365+ Retiree, an alternative to the JHU retiree medical plans for those 65 or older, providing access to the Mercer Retiree Exchange Platform and access to one-on-one help from a licensed retiree benefit counselor. [Register here in advance.](#)

Demystifying Medicare - Wednesday, May 1st, noon to 1pm

Join our Marsh McLennan advisors to demystify the complexities of Medicare! This webinar will give a high-level overview helping guide those through the Medicare maze with details of Medicare Parts A, B, C, and D. The pros and cons of the two Medicare coverage options (Medicare Supplement and Medicare Advantage) will also be highlighted. The design of this presentation is to focus on the basic understanding of Medicare options and to familiarize you with the terminology [Register here in advance.](#)

Mastering Social Security – Thursday May 2nd, noon to 1pm

Social Security benefits are not intended to be your only source of income when you retire but, with careful strategies and planning, you can maximize this benefit to enhance your retirement income picture. Learn the fundamentals of social security benefits including who is eligible to receive benefits and when, how to estimate your benefit, taxes and social security, when to claim benefits and much more. Join our Marsh McLennan Agency (MMA) advisors and learn the basic strategies you should be thinking about now. [Register here in advance.](#)

Osher Lifelong Learning Institute & Community – Friday, May 3rd, noon to 1:00 p.m.

As a Johns Hopkins retiree one of your benefits is enrichment education with The Osher Lifelong Learning Institute at JHU. This program brings together curious and engaged adults with top quality courses, passionate faculty, and a community that loves learning. This webinar will help you learn more about the Osher at JHU program including curriculum, structure and program fees. Plus, you'll meet members who participate, and have the opportunity to ask questions. [Register here in advance.](#)



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