JOHNS HOPKINS UNIVERSITY & MEDICINE

For any matter that's on your mind

Around-The-Clock Support

INTERNATIONAL ASSISTANCE

WEBSITE

Myccaonline.com

Username: JHGLOBAL

1:1 SUPPORT

Log onto the website to chat or request a call

Talk to a counselor about:

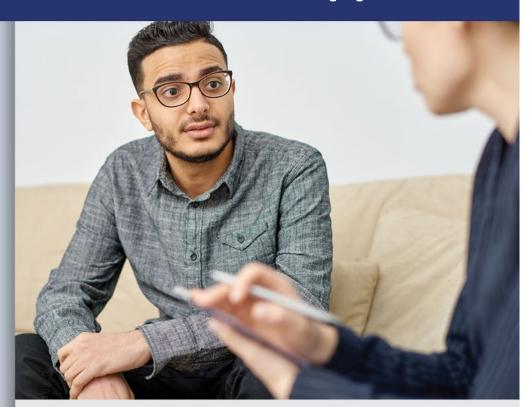
- · Navigating emotions
- Change
- Relationships
- Stress
- Anxiety

Request information about:

- · Caring for an elder
- · Legal resources

And many other topics. Just reach out. We can help!





The Johns Hopkins Employee Assistance Program (JHEAP)

Provides you free, confidential 24/7 access to counseling, professional support and resources for any issue.

