

Meeting Menopause with Moxie Networking Group



Moxie is defined as energy, determination, and courage. Menopause can bring a host of challenges but together we can meet menopause with moxie and face those challenges head on.

Who?

This group is for Hopkins employees who want to discuss experiences and share resources and support about menopause and the menopause transition.

When?

The group meets the first Wednesday of each month at 1:00 pm EST.

Registration required. Click [here](#) to register for each session.

Questions? Want to join the Team to chat and connect with others? Reach out to wellnessprograms@jhu.edu