



# Financial Well-being: Mid-year Check Up



There's no better time of the year than around the midpoint, June and July, to evaluate your finances and see where you stand with your budgeting, retirement contributions and other money-related matters.



## Mid-year financial check list:

- Check your budget against your goals
- How are your retirement contributions looking?
- Start thinking about the holidays
- Set new financial goals or adjust your current ones

To learn more about practical steps you can take to follow each of these items, read the article from Marsh McLennan Agency [here](#).



## Webinar - Midyear Update: Essential Retirement Plan Changes

This webinar from Marsh McLennan Agency explores recent developments in retirement plans, equipping you to confidently navigate your fiduciary duties as we head into the second half of 2025. [Click here](#) to register and view the webinar on-demand.



## Quick tips for budget friendly summer activities to keep you on track with your financial goals:

- Visit your local library
- Visit a museum
- Get out in nature

For a full list of tips and activities read the article from Marsh McLennan Agency [here](#).

For well-being resources visit [JHU Well-being Programs](#) online.