

# Pre-Retirement Program 2024: Spring Webinar Recap

# A Balanced Retirement Life – recorded Monday April 22<sup>nd</sup>

The goal of this seminar is to help participants ask the right questions to make decisions in evaluating their retirement plans. Participants will leave with resources to decide when retirement may be right for them, and to focus on the positive aspects of retirement while preparing for the challenges.

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**Determining Your Goals, Needs, and Investing Preferences for Mid-Career Retirement Strategies** – recorded Tuesday, April 23<sup>rd</sup>

Join our Marsh McClennan Agency (MMA) financial advisors for this webinar to explore all the retirement vehicles available to you now and begin your retirement savings checklist! Learn the fundamentals of a strong retirement savings plan.

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Live With Confidence in Retirement: 5 Steps to Creating Your Retirement Income Plan – recorded Wednesday April 24<sup>th</sup>

If you're thinking about making the transition to retirement, this webinar hosted by TIAA is essential for understanding how to create an income plan that helps you maximize your savings.

<u>TIAA Retirement Guide</u> and <u>TIAA Spending Worksheet</u> <u>Watch the recording here</u>

# Basic Estate Planning Strategies - recorded Thursday April 25

Ensuring that our assets will pass to loved ones and causes that are near and dear are important to most of us. Join TIAA representative to discover the components of a basic estate plan and strategies to ensure that your wishes are met.

Watch the recording here

# Envisioning Retirement – A Guided Visual Journaling Exercise – Friday April 26th

Take a mindful moment to visualize what your days in retirement may look like. Join Rachel Liccardo, LCSW-C as she leads the group through a guided visual-journaling activity.

Webinar Handouts



#### JHU Benefits in Retirement – recorded April 29th

Join the Office of Benefits & Worklife for an overview of all of the benefits university retirees are entitled to. This includes medical and dental coverage, life insurance, tuition benefits, pension and/or 403b plan, vacation/sick time, and more.

Webinar Handouts Watch the recording here

#### Mercer Marketplace 365+ Retiree – recorded April 30<sup>th</sup>

Join consultants from Mercer Marketplace 365+ Retiree, an alternative to the JHU retiree medical plans for those 65 or older, providing access to the Mercer Retiree Exchange Platform and access to one-on-one help from a licensed retiree benefit counselor.

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#### Demystifying Medicare – recorded May 1st

Join our Marsh McLennan advisors to demystify the complexities of Medicare. The design of this presentation is to focus on the basic understanding of Medicare options and to familiarize you with the terminology.

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# Mastering Social Security – recorded May 2<sup>nd</sup>

Join Marsh McLennan Agency (MMA) Advisers to learn the fundamentals of social security benefits including who is eligible to receive benefits and when, how to estimate your benefit, taxes and social security, when to claim benefits and much more.

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#### The Osher Lifelong Learning Institute & Community at Johns Hopkins – recorded, May 3rd

Join The Osher Lifelong Learning Institute at JHU to learn of a program brings together curious and engaged adults with top quality courses, passionate faculty, and a community that loves learning. This webinar will help you learn more about the Osher at JHU program plus meet a few wonderful members who participate.

<u>Webinar Handouts</u> <u>Watch Part 1 recording here</u> <u>Watch Part 2 recording here</u> Passcode: ENDp&Y&4