



Support for Employees: The War in Ukraine

We know that these distressing times may have a profound impact on you and your family's well-being. We are here to help.

Please join members of RISE (Resilience in Stressful Events), mySupport and the Department of Spiritual Care and Chaplaincy to reflect, connect and support one another during these difficult times.

Tuesday, March 15 at 8 p.m.

jhjm.zoom.us/j/92581582873

Meeting ID: 925 8158 2873

Thursday, March 17 at 1 p.m.

jhjm.zoom.us/j/96394670810

Meeting ID: 963 9467 0810

Registration is strongly encouraged, but not required.

Please email afitz@jhmi.edu.

Additional Resources:

mySupport | 443-997-7000, option 2

Connect with a licensed clinician 24/7/365 for free, confidential counseling.

Resilience in Stressful Events (R.I.S.E.)

JHH | 410-283-3953

JHBMC | 410-283-0365

Receive emotional support after stressful, patient-related events.



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