

**NEW PROGRAM!**

# Every move counts when losing weight



**weightwatchers reimagined**

**At WW (Weight Watchers® Reimagined), our approach to physical activity is simple: If you enjoy it, you'll keep at it. Walking, swimming, golfing, gardening—it all counts!**

Not ready to make your move? That's okay! WW's new program, *myWW™*, offers other easy-to-use tools for staying on track, such as a food plan customized to your lifestyle and the foods you love to eat.



Purchase a WW membership plan between **April 1 and April 30** and get a **FREE WW Insider's Box** (over \$100 value in special offers and products)!\*

**Includes:**

- Three WW mini cookbooks
- Sampling of WW snacks
- WW water bottle
- 60-day trial to Headspace®
- 50% off an Aaptiv membership
- Sur La Table cooking class coupon
- \$40 in other coupons

**FREE\***  
with your WW membership!



While supplies last. Box contents may vary.

## Join now!

**Step 1:** Sign up for WW by going to [ww.com/us/JohnsHopkinsUniversity](http://ww.com/us/JohnsHopkinsUniversity) and follow instructions.

**Step 2:** After signing up, you must redeem your **WW Insider's Box** by going to [WW.com/atworkgift](http://WW.com/atworkgift). Complete this step by 5/15/20.

Need help signing up or redeeming your WW Insider's Box? Call WW Customer Service at 866-204-2885.

\*FREE WW INSIDER'S BOX OFFER: To be eligible for this offer, joining member must sign up for a Digital, Digital + Workshops, or WW for Diabetes subscription through their employer or health plan and in participating areas only between 4/1/20 and 4/30/20. One WW Insider's Box per member. WW Insider's Box must be redeemed by 5/15/20. While supplies last. WW Insider's Box contents may vary. US addresses only; no P.O. boxes or APO/FPO boxes. Please allow at least 3-4 weeks for delivery. Offer not available to current members. Offer may be revoked at any time and may not be redeemed for cash. Non-transferable. Void where prohibited.  
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