WeightWatchers for Business

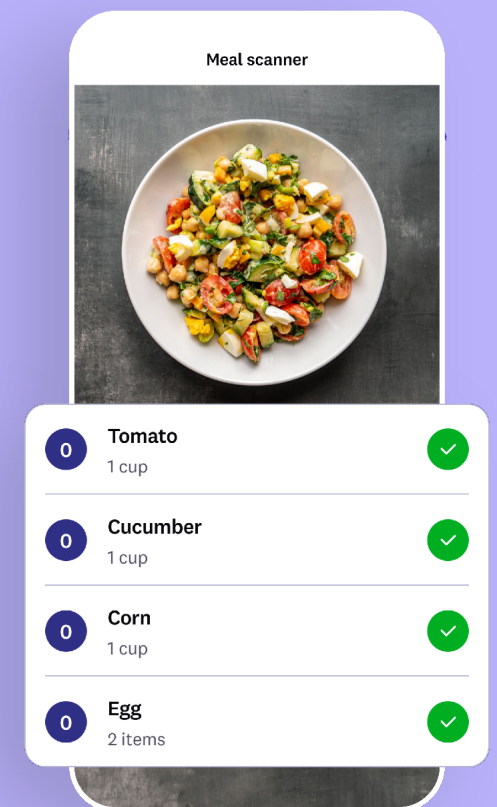# New
WW app features!
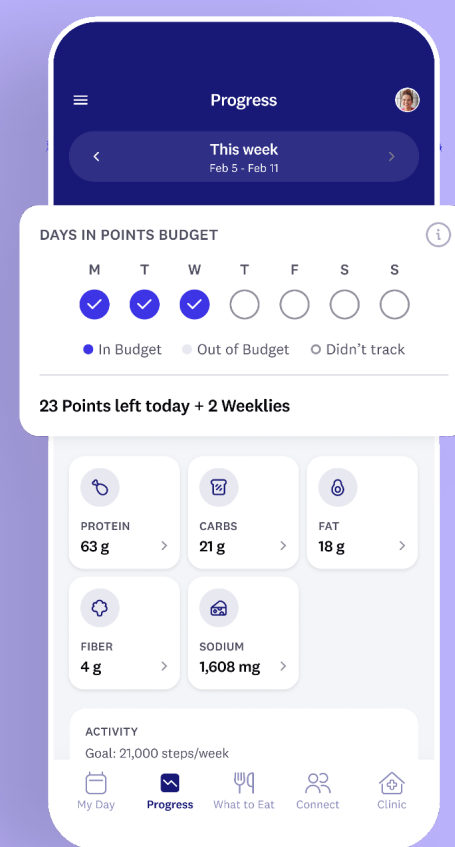
Features to make tracking (and life!) easier
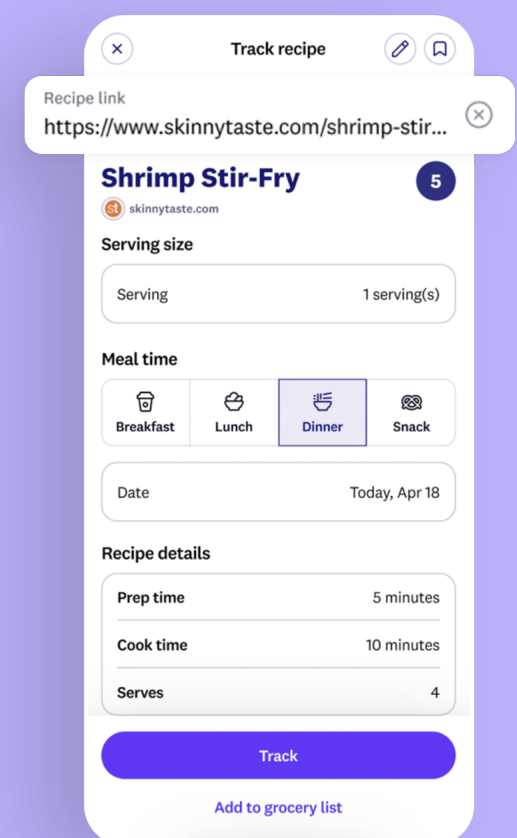
Special pricing to join WW

Track from a photo
just snap a photo of your meal or plate!

Meal scanner

Tomato	1 cup	✓
Cucumber	1 cup	✓
Corn	1 cup	✓
Egg	2 items	✓

See Points and macronutrients
in your trackers without having to track twice

Progress — This week — Feb 5 - Feb 11

DAYS IN POINTS BUDGET
M T W T F S S
● In Budget ● Out of Budget ○ Didn't track
23 Points left today + 2 Weeklies

PROTEIN 63 g
CARBS 21 g
FAT 18 g
FIBER 4 g
SODIUM 1,608 mg

ACTIVITY Goal: 21,000 steps/week

My Day | Progress | What to Eat | Connect | Clinic

Recipe Analyzer
Get points estimated for your next meal (drop a recipe URL in the app search bar)

Track recipe

Recipe link
https://www.skinnytaste.com/shrimp-stir...

Shrimp Stir-Fry 5
skinnytaste.com

Serving size
Serving — 1 serving(s)

Meal time
Breakfast | Lunch | Dinner | Snack

Date — Today, Apr 18

Recipe details
Prep time — 5 minutes
Cook time — 10 minutes
Serves — 4

Track
Add to grocery list

An easier way to keep tabs on numbers that matter to *you*.

Don't miss out on special pricing.

Sign up today at
ww.com/tracknow
and choose our organization.