Need a doctor, urgent care center or emergency room?

Find one day or night. Download the CareFirst app for free and you'll always have access to care.[1]
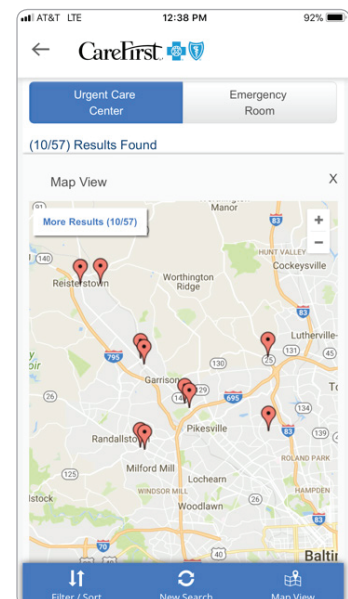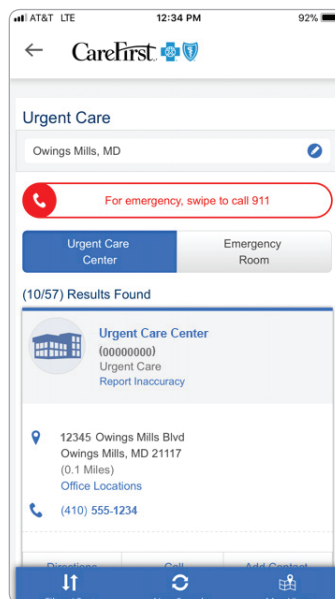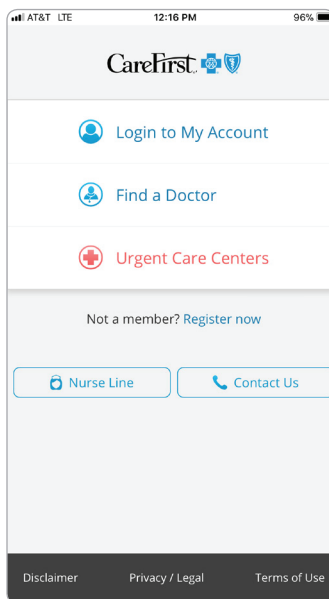
- Need a doctor? Select *Find a Doctor* for 24/7 access to providers nationwide.

- For non-emergency treatment, an urgent care center may save you time and money.[2] Tap *Urgent Care* for a list of centers nearby.[3]

- Have an emergency? Our app will find the closest emergency room. Choose *Urgent Care Centers*, then *Emergency Room*.

- Simply need medical advice after hours? Choose *Nurse Line* to call our free nurse advice line.

Quick tips:

- Choose *Directions* to enable the map feature or to get directions to your desired selection

- Tap *Call* to contact the provider or facility directly

- Select *Add Contact* to add the provider or facility to your device's contacts

> Dial 911 if you are experiencing a life-threatening emergency that requires immediate care.

Care where and when you need it; the CareFirst app makes it possible.

[1] Search for "CareFirst" in your favorite app store to download the app to your device.

[2] Urgent Care—a condition that requires prompt medical attention, but is not a threat to life or limb.

[3] App must have access to your phone's location services.