The Office of Benefits & Worklife is hosting several recurring virtual networking groups for employees including Caregiving for Children with Disabilities, Retirement Readiness, Adult Caregiving and Employee Young Professionals.

These networking groups are an opportunity to connect with Hopkins peers who may be going through similar life experiences. To ensure privacy, these sessions will not be recorded and are only available to Johns Hopkins affiliate employees.

**Caregiving for Children with Disabilities Networking Group**

If you are someone who cares for a child with disabilities, finding support and integrating your own personal care and everyday needs into your routine can be challenging. This group is an opportunity to connect with Hopkins peers who may be facing similar challenges.

Meetings are scheduled for noon to 1 p.m. on the first Tuesday of the month through June. Upcoming dates are:

May 2, 2023 12:00 PM

June 6, 2023 12:00 PM

You can download and import the iCalendar (.ics) files to your calendar system by clicking [here](https://jh.zoom.us/meeting/tJ0sceitrTkrG9HrophVR6TZbA-alj5T2fva/ics?icsToken=98tyKuChrz0rH9eXsRiCRox5BY_od-_ztnpcjfp1jhD1CxZhNDfMNMMPM751ReyC) or join an individual Zoom meeting by clicking [here](https://jh.zoom.us/j/99161532115?pwd=eUhXZmhncUwzbWZWdmM0aElOcVBJQT09).

**Retirement Readiness Networking Group**

For many of us, our career is a large part of our identity and the journey to retirement can cause us to feel a lot of emotions. Are you feeling anxious, dread, or even excitement as you approach your retirement and want to network with others in the same pre-retirement boat? Join others in a conversation about getting ready for retirement.

This monthly networking meeting is at **noon, on the second Friday of every month through June**, when we will take a summer break.

May 12, 2023 12:00 PM

Jun 9, 2023 12:00 PM

You can download and import the iCalendar (.ics) files to your calendar system by clicking [here](https://jh.zoom.us/meeting/tJUucOurqTMrHNe316VFrdSBh34haLsnA8Jj/ics?icsToken=98tyKuCprTwoGdOdsR-ERowcA4_Ca-nwtlxcgo1Yz06zNQZBZjDUPrEWOrNTA9bx) or join an individual Zoom meeting by clicking [here](https://jh.zoom.us/j/91372378163?pwd=K2k0NlI5bEtGVzA2M0s5MWVMU3IxQT09).

**Adult Caregiving Networking Group**

Adult caregivers might struggle with financial, emotional, and physical challenges as they navigate caring for an elderly loved one, while still managing other life priorities. For those wanting a forum to connect with other Hopkins employees about adult caregiving issues, the networking group is scheduled from noon to 1 p.m. on the third Wednesday of every month through June; after a summer break, they will resume in September. The upcoming sessions are:

May 17, 2023 12:00 PM

June 21, 2023 12:00 PM

You can download and import the monthly iCalendar (.ics) files to your calendar system by clicking [here](https://jh.zoom.us/meeting/tJIodOitrDMpGtFFOj2V_-xjPceXQTXbqfvd/ics?icsToken=98tyKuCuqzgrH9adsxmCRowAGYjCd-_zplxejbd7ujDvURZsLxv8BuFHCoNLKNrB) or join the Zoom meeting on the third Wednesday of the month [here](https://jh.zoom.us/j/96531528305?pwd=T2YyZmJVUTl1Sk90MWZYekJvTHFzZz09).

**Employee Young Professionals Networking Group**

Are you just starting your career? Is working at Hopkins your first professional job? Are you looking to establish or expand your network of peers? Navigating this stage of life can have many challenges -- financial, social, emotional, physical, and more.

This networking group is an opportunity to connect with young professionals employed at Hopkins who may be navigating a similar stage of life early in their careers. Additionally, this is an opportunity to learn and share resources and information.

Registration is not required for this networking group**. This group will occur on the 4th Wednesday of the month.**

May 24, 2023 12:00 PM

Jun 28, 2023 12:00 PM

You can download and import the monthly iCalendar (.ics) files to your calendar system by clicking [here](https://jh.zoom.us/meeting/tJMkfuCorjMpGtFlWUsnMhRtSHOpaIs_Gz6A/ics?icsToken=98tyKuCvpzIjGtSdsxmCRowEHYr4XfTziFxejbd7kCjQEC5-ajHiBcptIrNWA-f3) or join the Zoom meeting on the third Wednesday of the month [here](https://jh.zoom.us/j/97999008305).

**Networking Group FAQs:**

Registration is not required for any of the networking groups. To ensure privacy, these sessions will not be recorded and are available only to Johns Hopkins affiliates.

A Microsoft Teams group for each networking topic has been created for resource sharing and networking; if you would like to be added, email [worklife@jhu.edu](mailto:worklife@jhu.edu).

If there is a networking group topic that you are interested in but is not yet offered or you have questions about the existing groups, please email [worklife@jhu.edu](mailto:worklife@jhu.edu).

Visit the [Websites and Webinars](https://hr.jhu.edu/benefits-worklife/workshops-webinars/) page for more upcoming events.

For additional resources and information, contact the Benefits Service Center at 410-516-2000 or [benefits@jhu.edu](mailto:benefits@jhu.edu).