





## This is *your* year for wellness success

Johns Hopkins University has partnered with WW (Weight Watchers® reimagined) to help you achieve your weight-loss goals. Get an exclusive discount of 50% off the retail price and join now for as low as \$8.48 per month.\*

## Start your wellness journey today!

Sign up or learn more at WW.com/us/JohnsHopkinsUniversity



- WW's most holistic wellness program
- Members get a customized, sciencebacked weight-loss plan
- Award-winning app packed with stay-ontrack tools

## Get 24/7 support

- Over 9,000 delicious recipes
- Around-the-clock live Coaching, via the app and website
- On-demand audio and video workouts, meditations, and more

## Success starts here!



Cat, lost 55 lbs

<sup>†</sup>People following the WW program can expect to lose 1–2 lbs per week. Cat lost weight on a prior WW program and myWW™ and is continuing on myWW+™.

Already a WW member? You can sync your current WW account to get this discount.

Questions on signing up or syncing your current account?

Call WW Customer Service at 866-204-2885.