

Get a Fresh Start on Your Weight-Loss Goals

We know this season is all about changes—whether it’s the leaves, the temperature, or your routine. Take advantage of this moment to refocus on your health with support from our wellness partner, WW.



JOIN WW BY 10/31 AND

Get a FREE WW Mystery Box[†]

FILLED WITH THE GEAR YOU NEED
TO KICK-START YOUR JOURNEY.

Don't miss out on your discount through Johns Hopkins University for
as low as \$8.48 per month^{}—50% off** the retail price on select plans!

Sign up now at www.com/us/johnshopkinsuniversity
Then, get your WW Mystery Box at [WW.com/mysterybox](https://www.com/mysterybox).



—WW member
Cat B., lost
83 pounds*

Then

Now*

“Other WW members live all across the country, but it feels like we’re a close group. Being part of that community really helps me.”

*People following the WW program can expect to lose 1-2 lbs/week.

[†]**FREE WW Mystery Box Offer:** Get a free kit when you buy an eligible WW plan between 9/1/22-10/31/22. Available only where WW plans are offered through your employer/health plan, in participating areas only. 1 kit/member. Redeem kit by 11/12/22. While supplies last. U.S. addresses only. Allow approximately 4-6 weeks for delivery. Offer not available to current members. Can't be redeemed for cash. Nontransferable. Offer subject to change without notice.

^{**}**As low as** price reflects WW Digital plan for your organization's employees. Monthly payment required in advance. You'll be automatically charged each month in accordance with company pricing until you cancel, your employment with your organization terminates, or the agreement between your employer and WW terminates.

WW Logo and Weight Watchers are the trademarks of WW International, Inc. ©2022 WW International, Inc. All rights reserved.